

# CLINIC CARE PACKAGES

Caring for our patients experiencing acute food insecurity.

## Thank you for your interest to serve families in this way!

Several times a week through our ministry, we encounter people and families without a resource for food that night. We call this **acute food insecurity**, and through the generosity of people like you, we get to provide them with resources while they are on site with us. This box includes food, basic household items, spiritual encouragement, and a list of food distribution resources for the support of their family.

As you fill your box(es), we'd encourage you to pray for those families that will receive them! These boxes are a tangible way we get to remind them that the Lord sees and cares for them deeply!

*If you have any questions, please contact Samantha Parsons (Clinic Director) at [sparsons@watermarkhealth.org](mailto:sparsons@watermarkhealth.org)*

## Packing List

Per Box (approx. \$25/box)

Box size: 15"x12"x10"

- Rice
- Beans
- Canned Veggies
- Canned Chicken/Tuna
- Noodles
- Spaghetti Sauce
- Oatmeal
- Granola Bars
- Shelf Stable Milk
- Cans of Soup
- Applesauce
- Small Laundry Detergent
- Small Dish Soap
- Sponge
- 2 toothbrushes
- Toothpaste
- Notes & Prayers of Encouragement
- Cookies/Chocolate



**WatermarkUrgentCare**

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